



Turnagain Running Club

We are looking for students in **grades K-6** to join the Turnagain Running Club. Parent volunteers of all running and walking abilities are encouraged to participate in small running groups.

The first practice is Thurs, Sept. 5th from 3:30-4:30. All practices will be held on Tuesdays and Thursdays from 3:30-4:30 pm. Practices will be on Sept 5, 10, 12 and 17. **Parents must come into the gym to sign students out after each practice.**

Running Club will be held rain or shine; it is possible that we will train inside if the weather is poor. Please make sure students have a good pair of tennis shoes to run in and clothes that are appropriate for running outside. It is recommended that students have different layers of clothing in their bags to select from depending on the weather.

The Healthy Futures North Anchorage Running Jamboree is scheduled for **Thursday, Sept 19th** at Bartlett High School. This is a K-6 running race. It is a 1/2-mile race for grades K-2 and a 1 mile race for grades 3-6. More information will be given out later.

****Questions?** Please see Ms. Bakker in the P.E. dept. or email;
bakker_ann@asdk12.org

****PLEASE NOTE: Siblings who are not participating in the running club are not allowed to stay after school.**

Please Remember: Parents/Guardians must come into the gym to sign students out each night.



Permission Slip for Turnagain Running Club - Due. Aug. 30th

I give my child permission to participate in the Turnagain Running Club and attend practices from 3:30-4:30 on Sept. 5, 10, 12 and 17. I understand that I need to arrange transportation for my child to be picked up after school at 4:30 pm. If I am more than 10 min late picking up my child two times, my child will be asked to leave the program. Behavior problems will not be tolerated.

_____ (Parent Initials)

Student Name (please print)

Parent/Guardian Name (please print)

(Grade/Homeroom Teacher)

Medical issues/concerns (asthma, allergies, etc.) _____

Home # _____

Cell/Work# _____

Emergency contact name and # _____

_____ My child has permission to walk home.

_____ I will pick up my child at 4:30 **AFTER** I sign him/her out in the gym.

_____ My child has permission to return to Boy's and Girl's Club

_____ Yes, I would like to help with running club on Tue.

_____ Yes, I would like to help with running club on Thurs.

******Will you be attending the jamboree on Sept. 19th? Yes No**

Parent/Guardian signature: _____